

2024 EYSA SOCCER RULES

U13/U14/U15

COACHES AND PARENTS ARE EXPECTED TO KNOW AND UNDERSTAND THESE RULES.

EYSA follows the general guidelines provided by US Youth Soccer, except for the following modifications.

1. GENERAL

- a. Referees have full authority to enforce the rules and policies of the soccer program.
- b. There are no protests in the EYSA soccer program.
- c. EYSA may provide referees for the U13/U14/U15 divisions. If referees are not provided, a coach, parent, or spectator may be used as a referee agreed upon by both coaches.
- d. All parents must complete an Emergency Medical Authorization form (EMA) for each participant in the match.
- e. Rules of play will be enforced with leniency. Blatant violations will be called, but coaches should attempt to correct all players who perform violations.
- f. Players must wear the issued EYSA jersey as the outer-most garment that is reflective of the team on which they are rostered.
- g. Coaches are required to play all players and provide the opportunity for an equal amount of playing time to the best of their ability.
- h. Match rainouts will be announced on EYSA's Facebook page only.
- i. Removable jewelry must be removed. Any jewelry that cannot be removed must be taped.
- j. The length of matches shall be two 25-minute running halves with a 5-minute halftime. Referees may extend each half accordingly because of stoppages during the match.
- k. There is a 10-minute grace period for teams to field a team.

2. PENALTIES

- a. Coaches and/or players may be penalized before, during, or after a match.
- b. Offside will be enforced.
- c. No slide tackles.
- d. Coach cautions are active. Two coach cautions will result in a sendoff.
- e. Any player receiving a red card or 2 yellow cards in the same match will be disqualified from the match. Teams may not replace the disqualified player and must play one player short for each disqualified player for the remainder of the match.
- f. Yellow card offenses
 - i. Unsportsmanlike behavior
 - ii. Attempts/perform slide tackle.
 - iii. Performs a header (if ineligible to do so as outlined in Section 8 below).
 - iv. Shows dissent by words or action.
 - v. Persistently infringes on the rules of the match.

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- vi. Delays the restart of the match.
- vii. Fails to retreat the required distance when play is restarted with a corner kick, free kick, or throw-in.
- viii. Enters or re-enters the field of play without the referee's permission.
- g. Red card offenses (sendoffs)
 - i. Serious foul play
 - ii. Violent conduct.
 - iii. Spits on any person.
 - iv. Denies the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball.
 - v. Denies an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or penalty kick.
 - vi. The use of offensive, insulting, or abusive language and/or gestures.
 - vii. Receives a second yellow card in the same match.

3. ROSTERS

- a. All players must be registered with EYSA to participate. Teams found playing unregistered players will forfeit the match.
- b. Teams must consist of a minimum of 6 players on game day. If a team is unable to field 6 players within the 10-minute grace period, that team will forfeit the match.
 - i. Teams will play 11v11 if both teams have 12 or more players.
 - ii. Teams will play 10v10 if the smallest team has 11 players.
 - iii. Teams will play 9v9 if the smallest team has 10 players.
 - iv. Teams will play 8v8 if the smallest team only has 9 players.
 - v. Teams will play 7v7 if the smallest team only has 8 players.
 - vi. Teams will play 6v6 if the smallest team only has 7 players.
 - vii. Teams will play 5v5 if the smallest team only has 6 players.
- c. Substitutions may be made at any match stoppage without limitation.
- d. Substitutions must be made quickly and only after receiving the referee's permission.
- e. Players subbing onto the field must exchange a mesh training penny with the outgoing player that they are substituting for.

4. SUBSTITUTE PLAYERS

- a. Substitute players may be requested by coaches who will not be able to meet the minimum number of players for a regulation game.
- b. Coaches must contact the Director of Coaches to request a substitute player.
- c. Nothing in this rule entitles a coach to receive a substitute player. The Director of Coaches will attempt to locate substitute players but may not be able to.

5. EQUIPMENT

- a. Size 5 soccer balls will be used.

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- b. Metal cleats are prohibited.
- c. Shin guards are required.
- d. Socks must be worn over the shin guards and must cover the entire shin guard.
- e. Goal size will be determined based on team size and field size.

6. FIELD OF PLAY

- a. Field dimensions are approximately 70 yards wide by 100 yards long. Field dimensions and goal sizes may be modified accordingly to accommodate smaller or larger teams.

7. HEADERS

- a. Teams are permitted to head the ball, provided coaches adhere to the following rules governing the monitoring of headers:
 - i. Coaches must submit the header tracking form on the EYSA website no later than 9 p.m. on the Friday before a match.
 - ii. Coaches must record the number of headers a player takes during practices and matches each week (Saturday-Friday) and ensure that no player takes more than 25-headers in any 7-day period.
 - iii. Coaches who do not track headers will not be eligible to head the ball during their practices and/or matches.

8. SCOREKEEPING/STANDINGS

- a. Scores, wins, loses, and ties will be kept. It is the winning coach's responsibility to report their score to the commissioner by the end of the gameday.
- b. Coaches will have until Wednesday of each week to contest the posted scores. After Wednesday of each week, entered scores will be final. Coaches contest the posted score by notifying the Director of Game Officials. The Director of Game Officials has final say on the game's final score.
- c. Tie breaker analysis:
 - i. Winning percentage.
 - ii. Head-to-head record.
 - iii. Head-to-head differential.
 - iv. Total goals for.
 - v. Total goals against.
 - vi. Total goals differential.
 - vii. Lowest number of forfeits.
 - viii. Coin toss.
- d. Playoffs will consist of one match and will be based on the end of season standings.
 - i. 1st place will play 2nd place. Winner will be awarded 1st place; loser will be awarded 2nd place.

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- ii. 3rd place will play 4th place. Winner will be awarded 3rd place; loser will be awarded 4th place.
- iii. 5th place will play 6th place. Winner will be awarded 5th place; loser will be awarded 6th place.