

2026 EYSA SOCCER RULES & REGULATIONS

4U (Micro) / 5U (PeeWee)

EYSA follows the general guidelines provided by US Youth Soccer, except for the following modifications.

1. GENERAL

- a. Referees have full authority to enforce the rules and policies of the soccer program.
- b. There are no protests in the EYSA soccer program.
- c. EYSA does not provide referees for the 4U/5U division. Coaches parents, or spectators may be used as referees if agreed upon by both coaches.
- d. All parents must complete an Emergency Medical Authorization form (EMA) for each participant in the match.
- e. Rules of play will be enforced with leniency. Blatant violations will be called, but coaches should attempt to correct all players who perform violations.
- f. Players must wear the issued EYSA jersey as the outer-most garment that is reflective of the team on which they are rostered.
- g. Coaches are required to play all players and provide the opportunity for an equal amount of playing time to the best of their ability.
- h. Rainouts will be announced on EYSA's Facebook page only.
- i. Removable jewelry is prohibited. Any jewelry that cannot be removed must be taped.
- j. There is a 10-minute grace period for teams to field a team.
- k. Scores, wins, loses, and ties will not be kept.
- l. Coaches are permitted to coach on the field during matches.
- m. Defensive players must maintain a 6' distance from goal kicks, and throw-ins.
- n. Goalies will not be used.
- o. The length of the match shall be four 6-minute running quarters with 2 minutes between quarters and a 4-minute half.
- p. Designated areas for players and spectators will be clearly marked. Coaches are responsible for ensuring that the boundaries are followed.

2. RULES

- a. No red/yellow cards.
- b. No offside.
- c. No slide tackles.
- d. No headers.
- e. No drop kicks.
- f. No penalty kicks.

3. ROSTERS

- a. All players must be registered with EYSA to participate. Teams found playing unregistered players will forfeit the match.
- b. Teams must consist of a minimum of 4 players on game day. If a team is unable to field 3 players within the 10-minute grace period, that team will forfeit the match.
 - i. Teams will play 4v4 if the smaller team has 5 players or more.
 - ii. Teams will play 3v3 if the smaller team has 4 players
- c. Substitutions may be made at any game stoppage without limitation.

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4. MEDICAL WAIVER

- a. Coaches must have, in their possession, Emergency Medical Authorization forms for each participant on their team.
- b. Players who do not have a completed EMA will not be permitted to play.

5. EQUIPMENT

- a. Size 3 soccer balls will be used.
- b. Metal cleats are prohibited.
- c. Shin guards are required; socks must be worn over, fully covering shin guard.
- d. 4'x 3' goals will be used. Goal size is subject to change based on availability.
- e. Toe spikes on cleats are prohibited.

6. FIELD OF PLAY

- a. 4U Field dimensions will be approximately 15 yards wide by 25 yards long.
- b. 5U Field dimensions will be approximately 25 yards wide by 35 yards long.
- c. Penalty or goal boxes will not be used.